



# ENERGY EFFICIENT REFURBISHMENT AND THE CONTRIBUTION OF RES TOWARDS NEARLY ZERO ENERGY HOUSES



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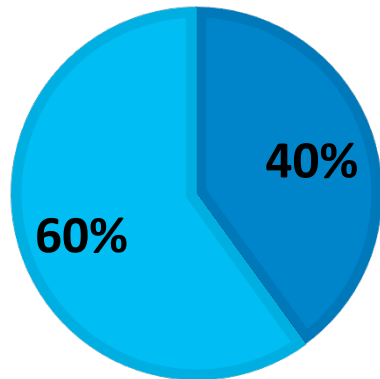


# INTRODUCTION

## A WORLDWIDE BUILDING SECTOR OVERVIEW

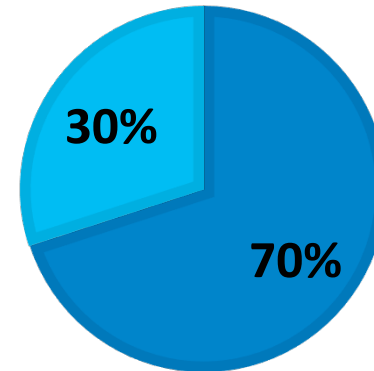
### TOTAL ENERGY CONSUMPTION

■ Building Sector ■ Other Sectors



### TOTAL CO2 EMISSIONS

■ Other Sectors ■ Building Sector



Worldwide buildings are responsible **for more than 40 percent of global energy use** and **one third of global greenhouse gas emissions**, both in developed and developing countries.

**These figures demand urgently the reduction of energy consumption in Buildings**





# EPISCOPE INTRODUCTION EUROPE 2020 GOALS



## The EU 2020 climate and energy package

Reduction in greenhouse gas emissions



Raise the share of the European energy consumption produced from renewable resources



Improve energy efficiency towards nZEB



20%



20%



20%

By 2050 all existing buildings should be net zero energy buildings.

## INTRODUCTION

### ENERGY REFURBISHMENT OF RESIDENTIAL BUILDINGS

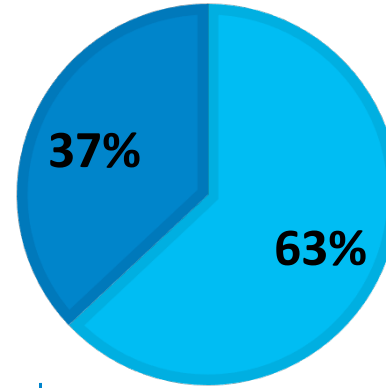
The average annual rate of new construction in Europe amounts to 1%.

**The household sector constitutes 75% of the existing building stock.**

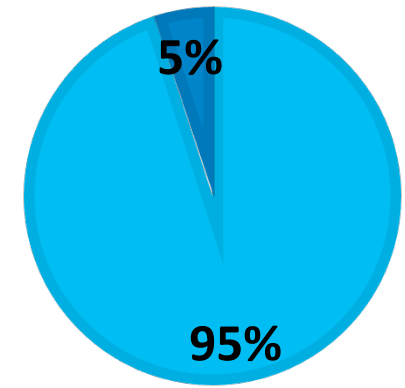


#### BUILDING SECTOR ENERGY CONSUMPTION

■ Residential Sector ■ Other Sectors ■ Up to 2015 ■ From 2015 to 2020



#### RESIDENTIAL STOCK



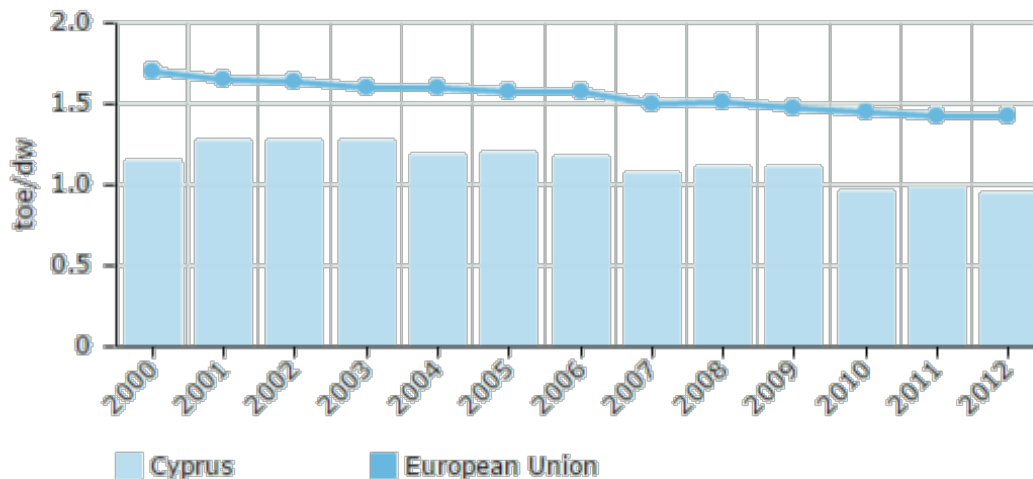
**The retrofitting of residential buildings, provides significant potential for energy savings and for the sustainability of buildings in Europe.**

## INTRODUCTION

### ENERGY REFURBISHMENT OF RESIDENTIAL BUILDINGS

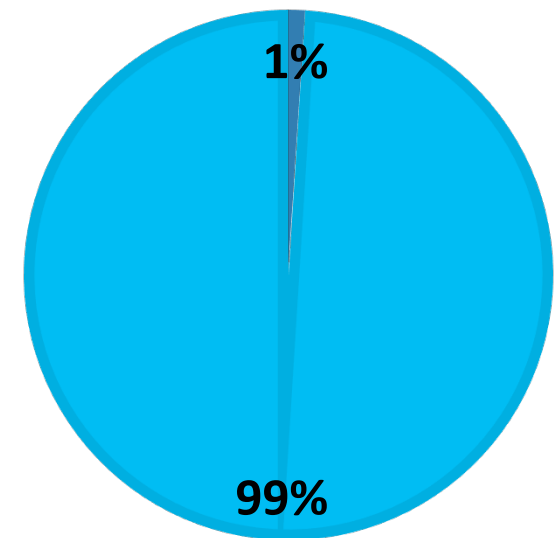
The average annual rate of new construction in Europe amounts to 1%.

HOUSEHOLDS TOTAL ENERGY CONSUMPTION



EU HOUSEHOLDS ANNUAL  
REFURBISHMENT RATE

■ Refurbished ■ Non-Refurbished



**The rate of retrofitting of the existing residential buildings, should increase in order to achieve the long-term climate protection targets.**



# INTRODUCTION

## NEARLY ZERO ENERGY BUILDINGS

The radical upgrading of existing buildings in Europe, anticipating nearly zero-energy buildings, would save yearly, 32% of total primary energy use and savings is equivalent to 4 billion barrels of imported oil.

A nZEB must have:

- a. A high energy performance envelope
- b. Energy efficient lighting, heating and cooling systems
- c. Renewable energy sources



BRE zero carbon house UK includes photovoltaics, biomass boiler and 'wind catcher'



A 'net zero carbon' development of 780 homes at Chichester, UK, with a centralized gas-fired combined heat and power (CHP) system

The study focuses on **the conversion of an existing Single Family House**, representing one of the main residential typologies in Cyprus (50% of prevalence among the residential building stock), **into a cost effective nZEB house**.

## Objectives:

To fill in the current knowledge gap of nZEB in the Cyprus

To assess and upgrade the energy performance of the building stock

To highlight the potential of renewable energy use in family housing.







# EPISCOPE CASE STUDY BACKGROUND



## NATIONAL BUILDING STOCK

EPISCOPE – EU, IEE Project ( <http://episcope.eu> )

### Building Type Matrix

				Cyprus		
	Region	Construction Year Class	Additional Classification	SFH Single-Family House	TH Terraced House	MFH Multi-Family House
1	national (Cyprus)	... 1980	generic	 CY.N.SFH.01.Gen	 CY.N.TH.01.Gen	 CY.N.MFH.01.Gen
2	national (Cyprus)	1981 ... 2006	generic	 CY.N.SFH.02.Gen	 CY.N.TH.02.Gen	 CY.N.MFH.02.Gen
3	national (Cyprus)	2007 ... 2013	generic	 CY.N.SFH.03.Gen	 CY.N.TH.03.Gen	 CY.N.MFH.03.Gen
4	national (Cyprus)	2014 ...	generic	 CY.N.SFH.04.Gen	 CY.N.TH.04.Gen	 CY.N.MFH.04.Gen

← Older generation construction

← Construction Boom in Cyprus

← First Minimum Energy requirements 2007

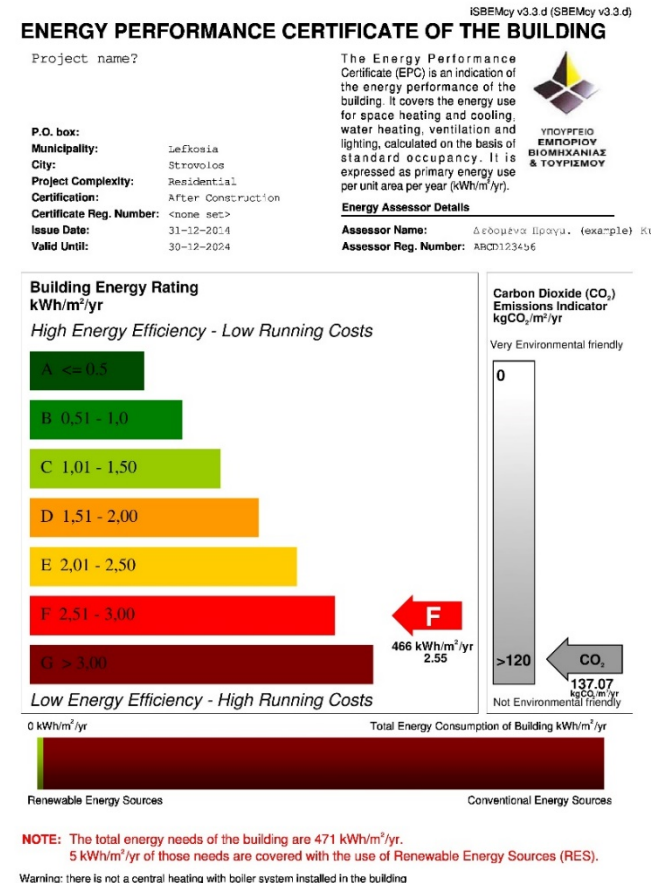
← New minimum energy requirements 2014



# EPISCOPE CASE STUDY METHODOLOGY



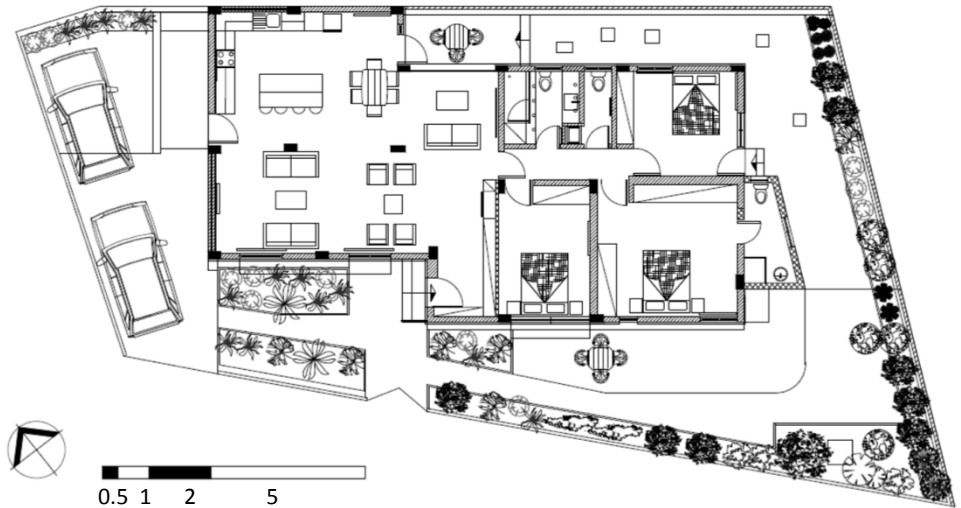
1. Selection of the house
2. The **energy performance** of the house was found for its existing state.
3. A **standard nZEB refurbishment scenario** was applied, based on the Directive 366/2014.
4. The **energy efficiency and the cost viability** for each **refurbishment measure** related to the **building envelope** elements thermal performance was **assessed**.
5. An energy and cost optimized nZEB scenario was developed
6. Comparisons between the 2 Scenarios were performed.
7. Conclusions were reached.



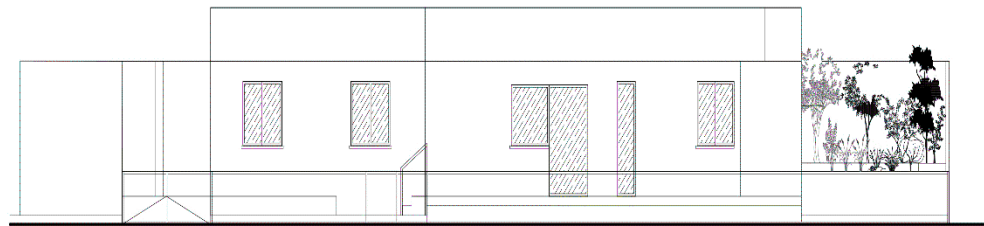
For the energy performance simulation iSBEM-Cy was used (the governmental software for the issuance of Energy Performance Certificates)

The **Single Family House** under study:

- Is **representative of its typology** for the period **prior to 1980**.
- Is **situated** in the Capital City of Nicosia, **inland area** of the island of Cyprus.
- Is a **single-storey dwelling** with a **usable heated living area of 134,5m<sup>2</sup>** and a **heated living volume of 396,9m<sup>3</sup>**.
- It has a **North-East to South-West orientation**, with **15%** of the total **wall surface corresponding to glazing**, of which **44%** is North-East and **35%** South- West oriented.
- It has **3 bedrooms, 3 bathrooms and an open plan kitchen, dining and living room**.



PLAN



SOUTH-WEST  
ELEVATION



## EPISCOPE CASE STUDY



### EXISTING STATE OF THE BUILDING

#### CONSTRUCTION CHARACTERISTICS

- Non-insulated flat concrete roof
- Rendered brick walls
- Floor concrete slab in contact with the ground
- Double glazed windows (refurbishment from single glazed ones in 2004)

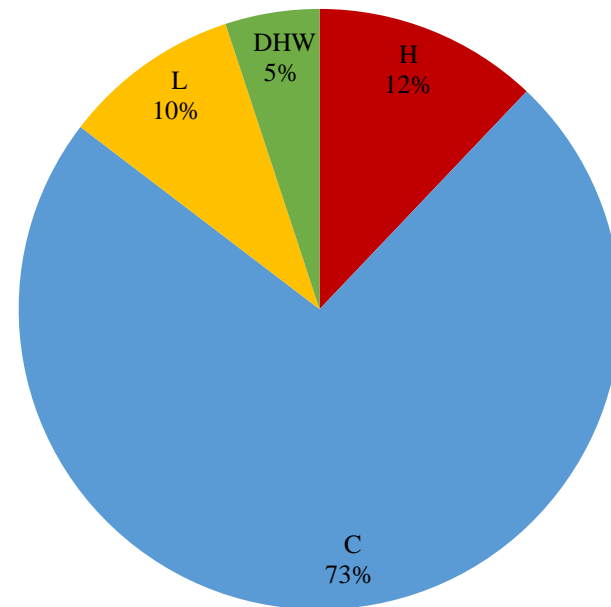
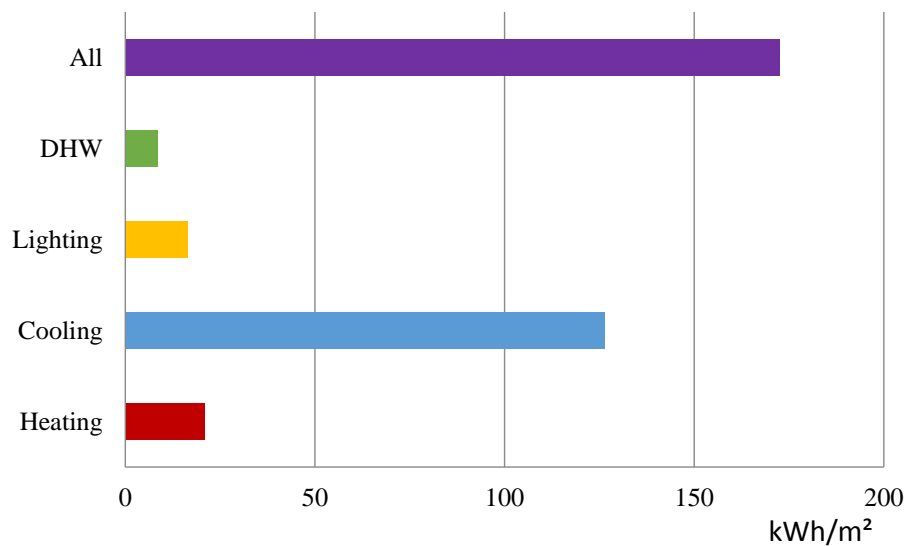
Construction Element	U-Value W/(m <sup>2</sup> k)
Flat roof	3.08
External walls	1.39
Floor in contact with the ground	3.58
Double glazed windows	3.20

#### ELECTROMECHANICAL EQUIPMENT

- For Heating and Cooling 5 standard air-conditioning split units.
- For Domestic Hot Water (DHW), solar thermal panels on the roof and a back-up electric element.



## ENERGY CONSUMPTION - EXISTING STATE



- The Energy Performance Certificate (EPC) Categorization reaches the **class F**.
- **The total energy consumption** for the house reaches the **172.56 kWh/(m²a)**.
- **The major energy consumption** is attributed to the high need for **cooling**.
- The energy consumption **for heating** is **20.85 kWh/(m²a)**, for cooling is **126.48 kWh/(m²a)**, for DHW **8.74 kWh/(m²a)** and for lighting is **16.49 kWh/(m²a)**.



## CASE STUDY

# STANDARD nZEB REFURBISHMENT SCENARIO

The Standard nZEB Scenario is based on the existing Directive 366/2014:

### NZEB REQUIREMENTS FOR HOUSES

Technical specifications - Construction Element

Flat roof

External walls

Double glazed windows

Energy Performance specifications

Energy Performance Certificate

Total Primary Energy consumption

Energy Demand for heating

Renewable energy percentage of the total primary energy consumption

U-Value  $W/(m^2K)$

0.40

0.40

2.25

Minimum requirements

A

100 kWh/(m<sup>2</sup>a)

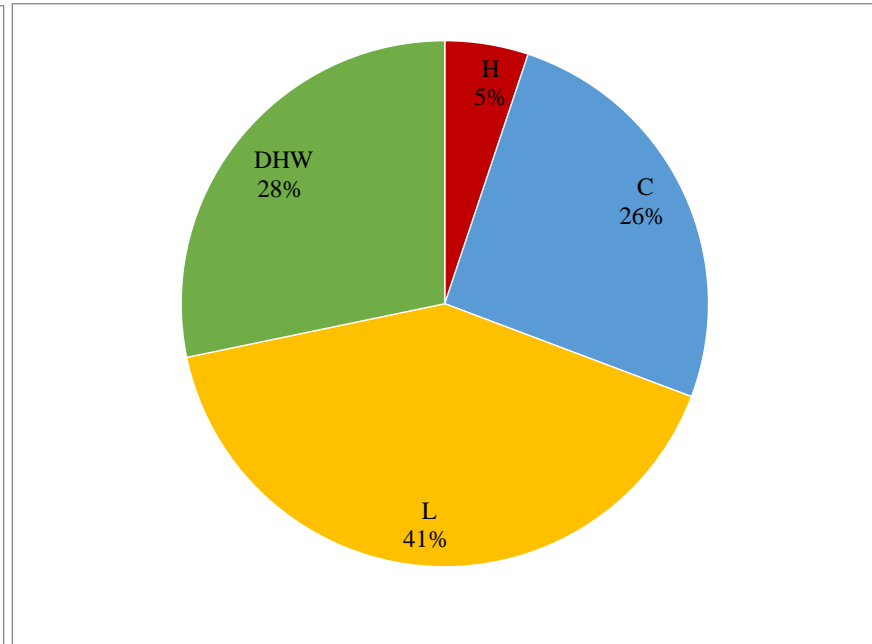
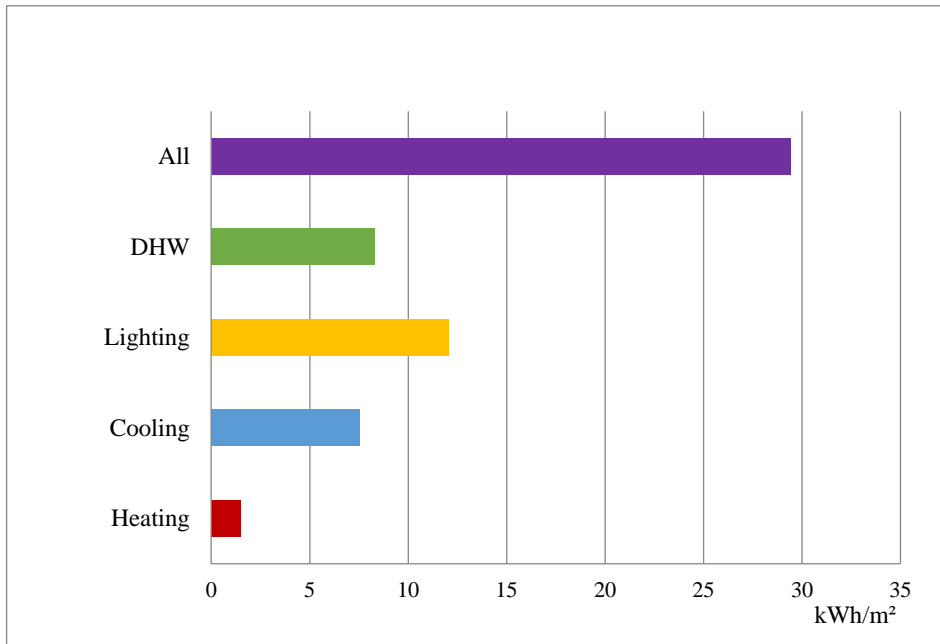
15 kWh/(m<sup>2</sup>a)

25%

## REFURBISHMENT MEASURES

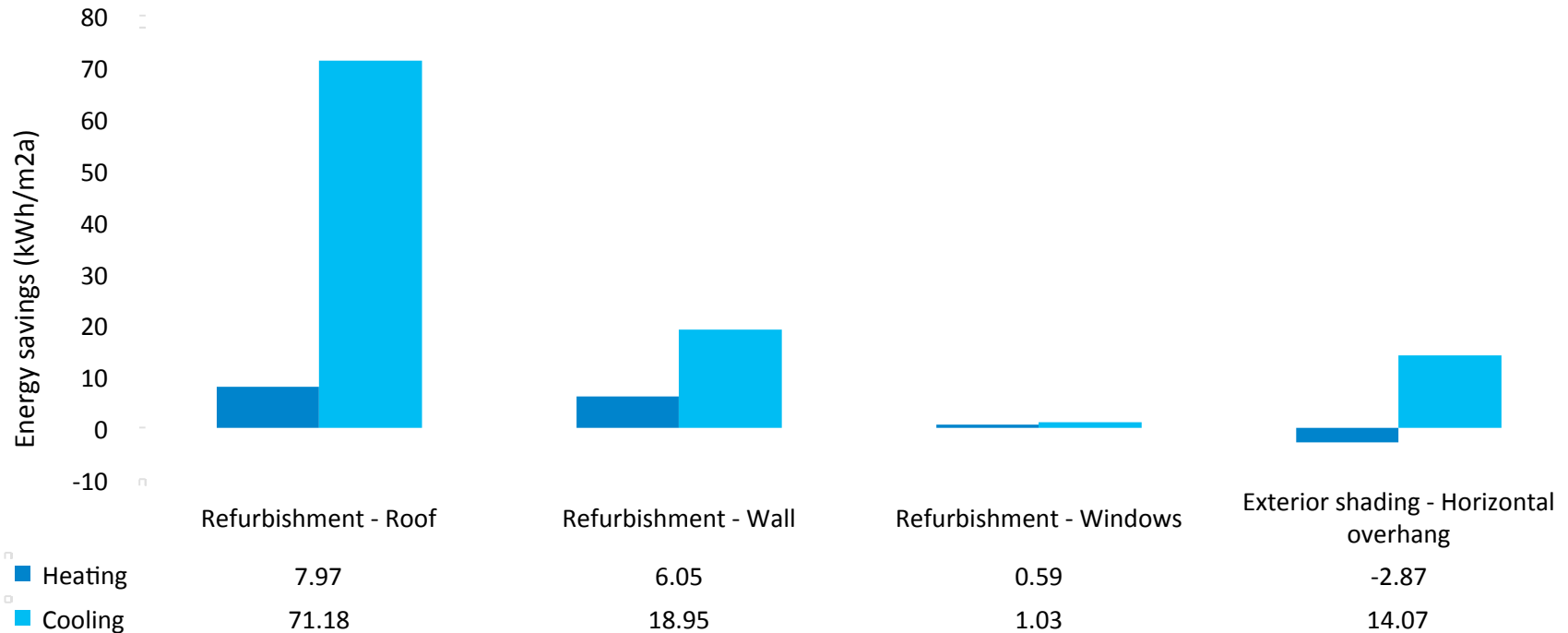
- Addition of **90mm thermal insulation externally on the roof.**
- Addition of **80mm of thermal insulation** (expanded polystyrene) **externally on the walls**
- Replacement of **the windows with new, thermally improved ones.**
- Addition of **horizontal overhang shades** (aluminium frame and fabric) above the south-facing windows.
- Placement of **3 photovoltaic panels** of total area of 4.8m<sup>2</sup> on the roof with an inclination of 30°
- Substitution of the existing **AC units with ones of A+++ class.**

## ENERGY CONSUMPTION - STANDARD nZEB SCENARIO



- The house was **raised by five EPC categories, from F to A**
- The **total final energy consumption is 29.41 kWh/(m²a).**
- The **energy consumption for heating is 1.51 kWh/(m²a)** and for **cooling is 7.54 kWh/(m²a).** The **lighting and DHW consumptions are 12.06 kWh/(m²a) and 8.32 kWh/(m²a).**

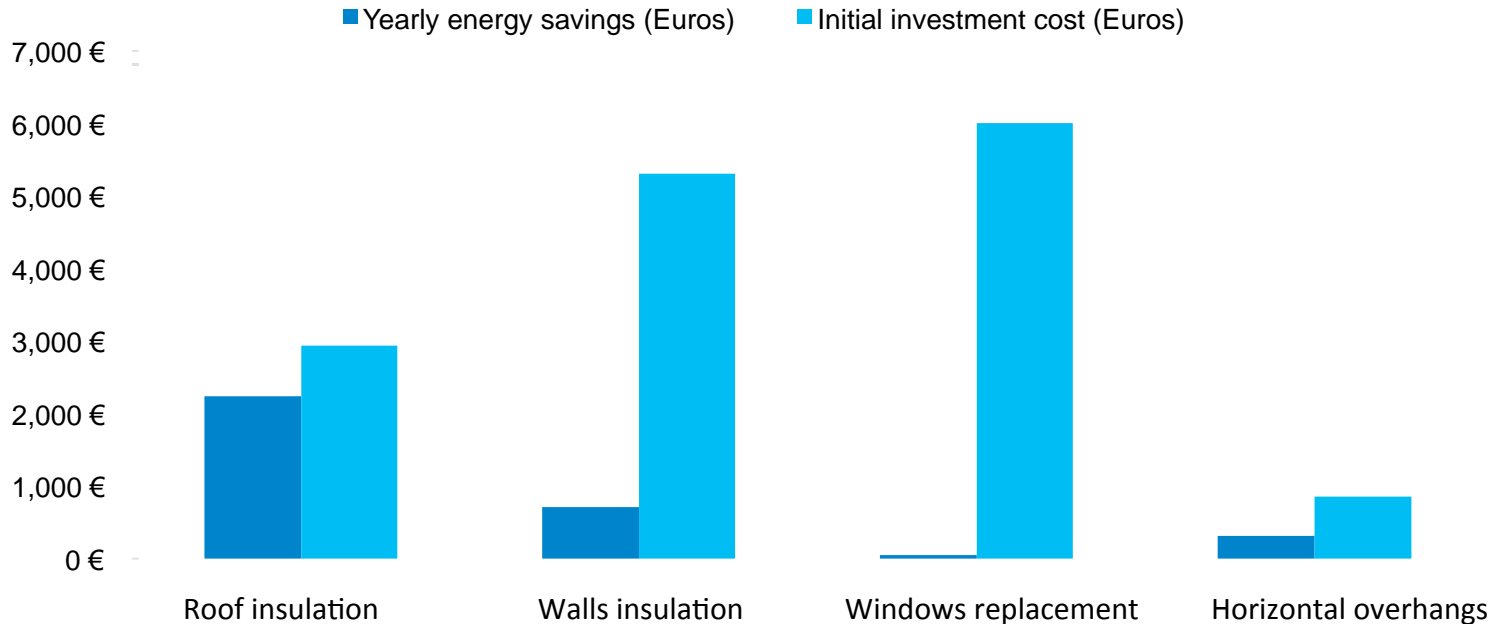
## ENERGY CONSERVATION MEASURES - ENERGY IMPACT



- The **placement of thermal insulation on the roof is the most effective measure.**
- The **cooling savings** after insulating the **roof are more than 3 times higher** than the ones incurring from the **placement of insulation on the walls.**
- The **replacement of the existing double glazed windows** with new ones, of lower U-value, results to **minimal energy savings.**
- The **placement** of the 1m length **overhangs** above the windows is **energy efficient only for Cooling.**



## ENERGY CONSERVATION MEASURES - COST-EFFECTIVENESS



- **The most cost - effective measure is the addition of insulation on the roof**, with a **payback period of less than 2 years**.
- The horizontal overhangs have a 3 years payback time and the insulation of the walls 7 years.
- **The replacement of the double-glazed windows** with ones of better energy performance **is the least effective measure** with more than a century to amortize its initial investment cost.



## **OPTIMISED nZEB REFURBISHMENT SCENARIO**

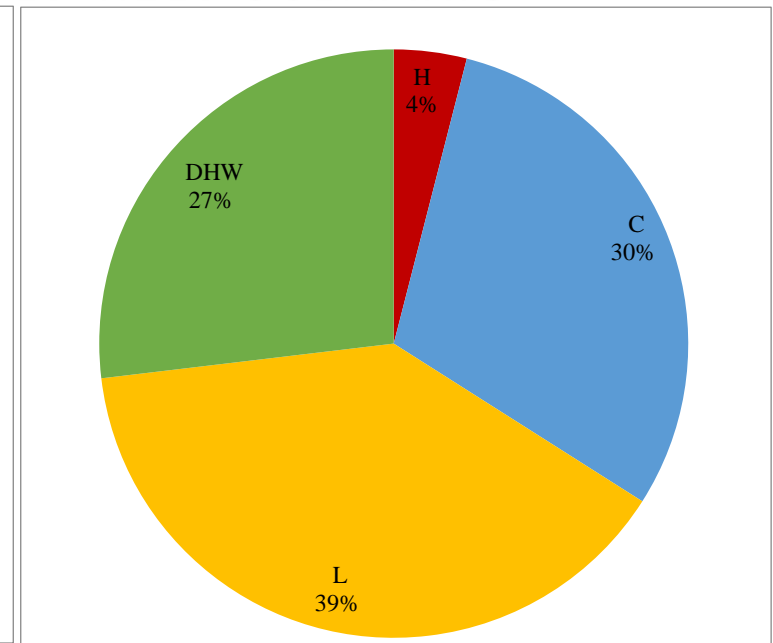
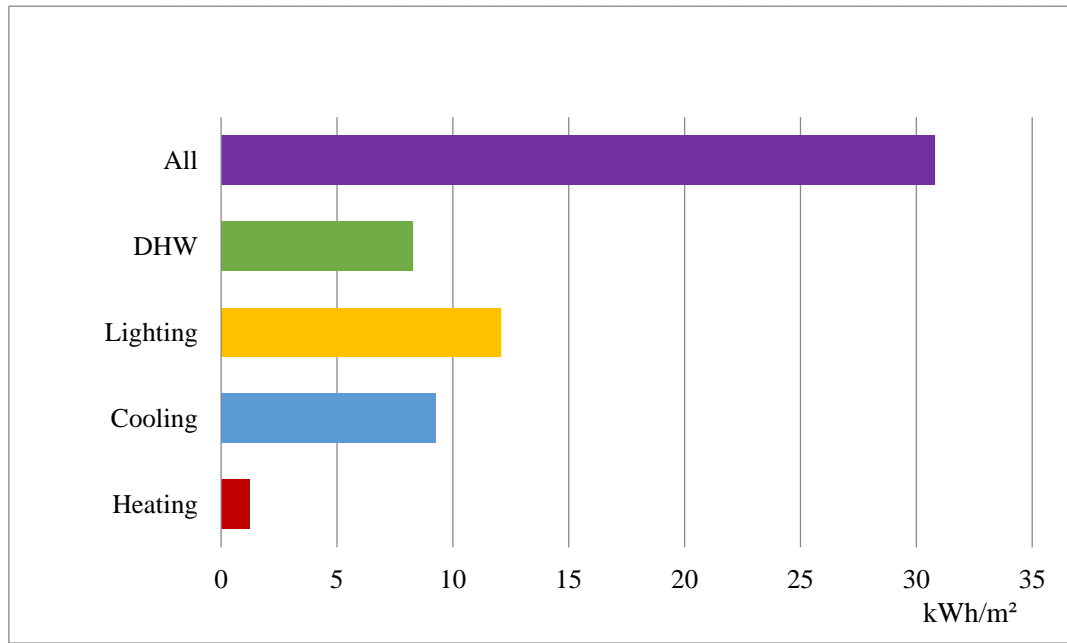
### **CHANGES FROM STANDARD nZEB SCENARIO**

- **NO window replacement.**
- **Increase the number of PV panels from 3 to 12.**

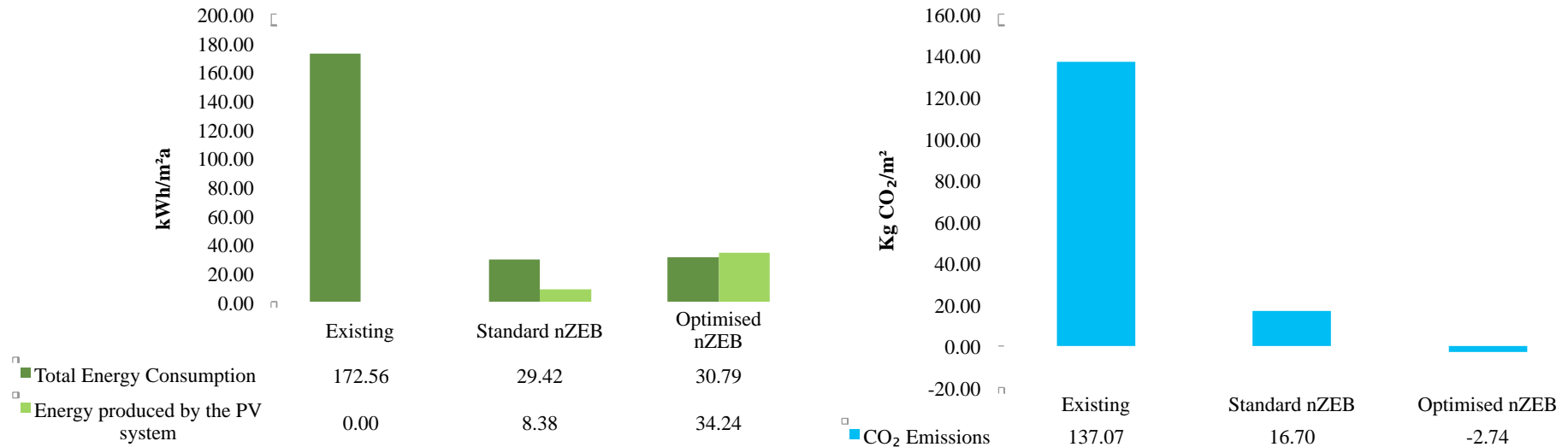
### **REFURBISHMENT MEASURES**

- **Placement of insulation on the roof and the walls, achieving the same U-values as the standard nZEB Scenario.**
- **Installment of horizontal overhangs in the south facing windows.**
- **Substitution of the split units with ones of higher energy efficiency (A+++)**
- **Placement of 12 PV panels amounting to 19,2 m<sup>2</sup> on the roof, which corresponds to the maximum allowed potential of 3kW.**

## ENERGY CONSUMPTION - OPTIMISED nZEB SCENARIO



- The house was **raised by five EPC categories, from F to A.**
- The **total final energy consumption** is reduced to **30.79 kWh/(m2a)**
- The **energy consumption for heating is 1.23 kWh/(m2a)** and **for cooling is 9.24 kWh/(m2a)**
- The **lighting and DHW consumptions are 12.04kWh/(m2a)** and **8.28 kWh/(m2a)** respectively
- The Energy produced by the PV panels is **34.24 kWh/(m2a)**



- Surplus energy production from the PV systems after the optimized nZEB refurbishment

NO CO<sub>2</sub> emissions

- 7 years payback period for the optimized nZEB scenario

1 year less than the standard nZEB scenario





## EPISCOPE CONCLUSIONS



- The results indicate **the drawbacks of the minimum requirements towards nearly zero energy houses**, as drafted by the Cyprus government, **especially the replacement of the windows**, which is obligatory by the Directive.
- The **replacement of already double –glazed windows** has **a share of 24% of the total investment**, and incurs a **saving of only 2kWh/m<sup>2</sup>year** on the total energy consumption, thus resulting to a payback period of more than 100 years.
- **On the contrary, the placement of shading devices** presents both **an energy effective and economically viable choice**.

**The cost effectiveness of the different refurbishment measures on the building envelope**



**The high amounts of energy produced from PV systems**



**Redirect the definition of the nearly zero energy buildings in Cyprus**  
into a more flexible and cost effective choice, in order to constitute a feasible choice of refurbishment  
for old houses.



# THANK YOU!

